



**Saturday 9<sup>th</sup> June 2018**

**Farthingstone - Challenge:**

**26 mile** challenging 'figure of eight' walk or run through the rolling Northamptonshire countryside, starting and finishing at Farthingstone Village Hall

**Farthingstone – ½ Marathon:**

**13 (or 15) mile** - circular walk or run forming part of the 26 mile route.

<b>26 Mile:</b>	walkers start 8.00 a.m.
	runners start 9.00 a.m.
<b>13 (or 15) Mile:</b>	<i>either</i> start 10.00 a.m.

**Entry fee:**

<b>26 Mile</b>	<b>£16.00 (£17.50 on day)</b>
<b>13 (or 15) mile</b>	<b>£12.50 (£14.00 on day)</b>

Organised by the **Farthingstone Foot Fest** committee  
With proceeds for  
**Farthingstone Village Charities:**

**This year's sponsorship is to raise funds for:**

***Alzheimer's Society***

Sponsorship Forms available from [www.alzheimers.org.uk](http://www.alzheimers.org.uk).  
Please try to raise funds for this worthwhile cause.

Full Details and updates at:

**[www.farthingstone.org.uk](http://www.farthingstone.org.uk)**

# Farthingstone Foot Fest

## 26 Mile Course

**Walkers start at 8.00 a. m. Runners start at 9.00 a.m.**

## 13 or 15 Mile Course\*

**Walkers and Runners start at 9.15 a.m. onwards**

Both walks, organised by **Farthingstone Foot Fest Committee** in accordance with the guidelines of the LDWA, start and finish at Farthingstone Village Hall.

The Challenge covers just over 26 miles and consists of two loops forming a figure of eight route – \*the first loop is 15 miles but Check Point 3 is at the 13 mile point for those wishing to limit their distance to a half marathon (pick-up is available but may have to wait until vehicle is free) – which are almost entirely on footpaths and trails with minimal road usage.

The routes cover stretches of the Macmillan Way, Knightly Way and Nene Way with connecting footpaths through the wonderful rolling countryside of Northamptonshire.

There are check points on the route and refreshments are available at each. The Check Points will close at 18:00 latest and 'late' walkers/runners will be asked to retire if they are deemed unable to reach the end within the times

Full details and final instructions will be sent together with comprehensive route descriptions, checkpoint details, a start location map, parking details and your entry number.

### **Your entry fee includes**

1. A 'Pint of Beer' (or soft drink if preferred) to enjoy at the finish
2. A meal, pudding and hot drinks at the finish for all
3. Certificates for all finishers
4. Results mailed or e-mailed to you
5. We will have a First Aider in attendance.

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## CONDITIONS OF ENTRY

1. All competitors must be 16 or over. If under 18 they should be accompanied by a parent or carer.
2. Entry is unlimited.
3. There is a 10 hour time limit for both events i.e. the check points will close at 18:00 hrs latest. Walks are circular routes out of Farthingstone with the full 26 mile event being a 'figure of eight'. Full details of checkpoint closing times will be sent with final instructions. The organisers reserve the right to request the retirement of any participant, who, in their opinion, is unlikely to reach the next checkpoint by the required time. Any participant retiring at a checkpoint will be transported to the finish
4. Any participant retiring must inform a walk official at a checkpoint.
5. The walks are entirely within Explorer OL Map 207 1:25000 or in Landranger 152 1:50000. We recommend all walkers should carry a copy of one of these but a full route description will be available.
6. The organisers recommend competitors should also carry a compass, suitable clothing (in event of bad weather), food for consumption during walk, whistle, torch and basic first aid for minor injuries.
7. All must agree to abide by the **Country Code**. The routes are on footpaths throughout (except short sections of roadway). Taking shortcuts over farmland or private property is forbidden. Please take care at the occasional road crossings.
8. Car Parking: Farthingstone is only a small village and Street Parking can cause problems as the Church is nearby and space near it is required for services such as weddings etc. A local farmer has kindly supplied Car Parking which is fully sign posted. We ask for your car number if being left in the case of problems with your vehicle.
9. Walkers may be accompanied by a dog. Dogs **MUST** be kept on a **non-extending** lead throughout, be fit to compete and be taken at the competitors' sole responsibility. Please clean up after your dog. Please note, there are a great number of styles on the route.
10. The organisers reserve the right to impose additional rules on the day, especially in the event of bad weather.
11. The organisers can accept no responsibility for injury damage or other loss however sustained.

