



Saturday 5th June 2021

FARTHINGSTONE FOOT FEST:

26 mile Marathon - challenging 'figure of eight' walk or run through the rolling Northamptonshire countryside, starting and finishing at the Farthingstone Joy Mead Gardens

13 (or 15 mile) - circular walk or run being the first loop or **11 mile** - circular walk or run being the second loop of the 26 mile 'figure of eight' route

26 Mile: walkers start 8.00 a.m. onwards
 runners start 9.00 a.m. onwards

13 (or 15) Mile: either start 9.15 a.m. onwards

11 Mile: *either* start 11.30 a.m. onwards

Entry fee:

26 Mile events £19.00 (£21.50 on day)

All other distances £15.50 (£18.00 on day)

**Organised by the Farthingstone Foot Fest Committee
with proceeds for
Farthingstone Village Charities and Activities**

This year's sponsorship is to raise funds for:

**MACMILLAN
CANCER SUPPORT**

Sponsorship Forms available from www.macmillan.org.uk.

Please try to raise funds for this worthwhile cause.

Full Details and updates at:

www.farthingstone.org.uk

FARTHINGSTONE **F**OOT **F**EST

26 Mile Course

Walkers start at 8.00 a. m. Runners start at 9.00 a.m.

13 or 15 Mile Course*

Walkers and Runners start at 9.15 a.m. onwards

11 Mile Course

Walkers and Runners start at 11.30 a.m. onwards

Both walks, organised by **Farthingstone Foot Fest Committee** in accordance with the guidelines of the LDWA, start and finish at the Farthingstone Joy Mead Gardens.

The Challenge covers just over 26 miles and consists of two loops forming a figure of eight route which are almost entirely on footpaths and trails with minimal road usage.

*the first loop is **15 miles** but **Check Point 3 is at the 13 mile** point for those wishing to limit their distance to a half marathon (pick-up is available but may have to wait until vehicle is free). Last entry 10:30 for walkers and 11:00 for runners

The second loop is 11 miles. Entries limited to later start times to allow for checkpoint set-ups. Last entry 1:00 p.m. for walkers and 1:30 p.m. for runners

The routes cover stretches of the Macmillan Way, Knightly Way and Nene Way with connecting footpaths through the wonderful rolling countryside of Northamptonshire.

There are check points on the route and refreshments are available at each. The Check Points will close at 18:00 latest and 'late' walkers/runners will be asked to retire if they are deemed unable to reach the end within the times

Full details and final instructions will be sent together with comprehensive route descriptions, checkpoint details, a start location map, parking details and your entry number.

Your entry fee includes

1. A 'Can of Beer' (or soft drink if preferred) to enjoy from the Village Hall at the finish
2. Biscuits (sweet and salted), cake and drinks at all 7 checkpoints
3. A meal, desert and drinks at the finish from the Village Hall
4. Certificates for all finishers
5. Results mailed or e-mailed to you
6. We will have a First Aider in attendance

This year's sponsorship is to raise funds for

The logo for Macmillan Cancer Support, featuring the text 'MACMILLAN' in a bold, white, sans-serif font above 'CANCER SUPPORT' in a smaller, white, sans-serif font, both set against a solid magenta rectangular background.

Sponsorship Forms available from www.macmillan.org.uk

Please try to raise funds for this worthwhile cause.

DUE TO COVID, ALL FFF PARTICIPANTS MUST BRING THEIR OWN MUG FOR USE THROUGHOUT

CONDITIONS OF ENTRY

1. All Participants must be 16 or over. If under 18 they should be accompanied by a parent or carer.
2. **Re Covid: All Participants must bring Own Face Masks, Hand Sanitiser and their own Mug for use throughout the day**
3. Entry is limited to two hundred.
4. There is a 10 hour time limit for both events i.e. the check points will close at 18:00 hrs latest. Walks are circular routes out of Farthingstone with the full 26 mile event being a 'figure of eight'. Full details of checkpoint closing times will be sent with final instructions. The organisers reserve the right to request the retirement of any participant, who, in their opinion, is unlikely to reach the next checkpoint by the required time. Any participant retiring at a checkpoint will be transported to the finish
5. Any participant retiring must inform a walk official at a checkpoint.
6. The walks are entirely within Explorer OL Map 207 1:25000 or in Landranger 152 1.50000. We recommend all walkers should carry a copy of one of these but a full route description will be available.
7. The organisers recommend Participants should also carry a compass, suitable clothing (in event of bad weather), food for consumption during walk, whistle, torch and basic first aid for minor injuries.
8. All must agree to abide by the **Country Code**. The routes are on footpaths throughout (except short sections of roadway). Taking shortcuts over farmland or private property is forbidden. Please take care at the occasional road crossings.
9. Car Parking: Farthingstone is only a small village and Street Parking can cause problems as the Church is nearby and space near it is required for services such as weddings etc. A local farmer has kindly supplied Car Parking which is fully sign posted. We ask for your car number if being left in the case of problems with your vehicle.
10. Walkers may be accompanied by a dog. Dogs **MUST** be kept on a **non-extending** lead throughout, be fit to compete and be taken at the Participants' sole responsibility. Please clean up after your dog. Please note, there are a great number of stiles on the route.
11. The organisers reserve the right to impose additional rules on the day, especially in the event of bad weather or changes in Covid regulations.
12. The organisers can accept no responsibility for injury damage or other loss however sustained.

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Entry Form:

Farthingstone Foot Fest					
26 Miles, 15 miles, 13 miles or 11 Miles Routes					
Saturday 5th June 2021					
First Name			Last Name		
Address					
Phone No			Mobile No		
E Mail			Car Reg (If Applicable)		
26 miles (Challenge)	Runner	(Please Tick Box as Appropriate)	Walker	(Please Tick Box as Appropriate)	
15 miles (or 13 miles with finish at Check Point 3)	Runner	(Please Tick Box as Appropriate)	Walker	(Please Tick Box as Appropriate)	
11 miles (later start times – please see below)	Runner	(Please Tick Box as Appropriate)	Walker	(Please Tick Box as Appropriate)	
<p>Start Times: 08:00 (26ml Walkers); 09:00 (26ml Runners); 09:15 onwards (13 & 15ml Walkers & Runners); 11:30 onwards (11 ml Walkers and Runners)</p> <p>To allow for Covid social distancing, please arrive as 'dressed' as possible for your event though under-cover changing facilities and toilets are available at registration in the Joy Mead Gardens. Please observe all Covid sensibilities and observe Social Distancing throughout and YOU MUST BRING YOUR OWN MUG FOR USE THROUGHOUT</p>					
I have read the conditions and agree to abide by the rules. I am in good health and have no medical condition that may cause either undue concern or inconvenience to others.				(Please Tick Box as Appropriate)	
<p>I have read and will comply with the Conditions of Entry</p> <p>I enclose:-</p> <ul style="list-style-type: none"> • a completed and signed entry form. • If no email address, one stamped addressed envelope • a cheque payable to 'Farthingstone Foot Fest' for the correct entry fee. <ul style="list-style-type: none"> - 26 mile events £19.00 - £21.50 on the day - 11, 13 or 15 mile events £15.50 - £18.00 on the day or • Payment made by Bank Transfer – details as follows: <ul style="list-style-type: none"> Bank Account Name: Farthingstone Foot Fest Sort Code: 30 98 97 Account Number: 72792660 Please record FFF followed by your name as the reference 				<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
If under 18, parent or guardian must sign)					
SIGNED.....			DATE		
..					
Send to:-	Chris FitzGerald, The Penthouse, 22 – 24 St. Andrews Street, Northampton, NN1 2HY				
Mobile	07761 180369			Email	chrisfitzgerald@affordablefd.com

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